

The Proprietors

Louise Bruce and husband Paul bought Melrose Care Home in May 2005. Louise has had a long career in the Health Sector, both in the NHS and Private sector. Most of her nursing career was at the John Radcliffe Hospital in Oxford, but more recently, she was General Manager of a private hospital in Surrey.



Louise Bruce

Liz Seymour

The Care Manager



Liz Seymour RGN has worked at Melrose since 1993 and is a mother of 4 children. As Care Manager, she is responsible for the medical welfare of all the residents and the management of the Home's staff. However her personal contribution far exceeds these duties as she, and her staff, work under her philosophy of treating the residents as they themselves would like to be treated.

Administration and Fees

With the exception of those who stay for a short respite or convalescence, all residents who come have a two week trial period. Fees are payable in advance by bankers order, and accounts for sundry items such as hairdressing and chiropody will be sent on a regular basis. We are always happy to help with applications for financial assistance.

Convalescence

In these days of early discharge, if you need more time to recover after your hospital stay, we can offer the perfect environment. With qualified nurses on hand 24 hours a day, and a trusted private physiotherapy and occupational therapy service we can arrange, (at an extra charge), you can ensure you will be fully fit before your return home.

Respite Care

If you are a carer, there will be times when you need a break but find it difficult to plan one into your busy life. We will take reservations in advance for one of our rooms. You can then book your holiday in the knowledge that your loved one will be well cared for, giving you the peace of mind to enjoy your well deserved break. A small, non-refundable deposit is required to secure your booking. Our minimum stay is one week.

For More Information

Please contact the Care Manager at the Home. She will arrange a personal viewing. You can be sure of a warm welcome.

Telephone us on: 01903 230406

Email us at: melrose.care@tiscali.co.uk

Or visit our website: www.melrosecare.org.uk

Registered with The Care Quality Commission, member of Registered Nursing Homes Association, and accredited for The Gold Standards Framework in End of Life Care.



A 3 Star 'Excellent' Home



CARING FOR YOU

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Worthing

West Sussex

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melrose.care@tiscali.co.uk

www.melrosecare.org.uk



Melrose is a privately owned Nursing Home situated close to the heart of Worthing. It is registered for 26 residents. The Home is essentially a family home, which enjoys Victorian charm, a beautiful garden and easy access and parking facilities.

Accommodation

The majority of our rooms are large, single and with en suite facilities. There are some very large rooms big enough for sharers or couples should this be required.

Communal Facilities

As would be expected, there are handrails and wheelchair access where necessary, as well as a lift to the first floor. We have two assisted baths and two 'wet room's' (shower). The lounge has colour television, video, audio equipment, and various other forms of entertainment. There are two light and airy conservatories for a change of venue and during the warmer weather residents can enjoy sitting outside in the garden or do a spot of gardening from their chairs in our new raised flower beds. There is also a quiet room for times of reflection and contemplation.

General Facilities

We have an activities programme to help keep you active in mind and body. Where appropriate we take the more agile out. In-house entertainment includes parties, barbecues; regular activities include flower arranging, exercise programmes, film club, walks to the nearby seafront, parks and gardens. We provide full laundry facilities, and we have volunteers who keep residents in touch with the local community.



The Home has been designated as 'Excellent' by the Care Quality Commission and awarded the top accolade of 3 Stars. The full report is available on the CSCI website.

We have also been accredited for the Gold Standard Framework in End of Life Care and awarded the Help the Aged Quality Hallmark.

Philosophy of Care

Fundamental to the care of our elderly residents is the belief that they have individual rights and needs. We aim to provide a homely, safe and loving environment, taking account of the particular limitations of our residents. This is achieved by caring for their physical, emotional, mental, and spiritual welfare, to preserve as much independence and dignity as possible, at a very special and sometimes difficult time of life.

Catering

Our food is guaranteed to satisfy any appetite. There is a choice of home cooked meals and specialised needs are catered for. Should a resident want a light snack outside formal meal times this is provided for at any time. Residents are encouraged to eat at mealtimes in the dining room but can stay in their rooms if they prefer.



Staff

There is a dedicated team of over 40 members of staff including nurses, carers, cleaners, kitchen staff and a handyman. This ensures that residents' requirements are met day and night, throughout the year. An on-going training programme keeps members of staff up to date.

Relatives and Visitors

We fully appreciate the feelings of relatives who are relinquishing care of their loved ones to us at a difficult time. Consequently we do our best to support relatives as well. Visitors are always welcome, but are asked to respect meal times, and the Home's no-smoking policy. We ask all visitors to sign the Visitors Book in the hall on arrival and departure as a precaution in case of fire.